



Shailabala Women's Autonomous College, Cuttack

Accredited with 'A' grade by N.A.A.C. (U.G.C.) (2006 & 2017)

सत्यमेव जयते नानृतं सत्येन पन्था विततो देवयानः।

"Oldest Women's College of Odisha!"

3.6.3. Outreach programmes conducted by the NSS BUREAU, SBWC

SL. NO	Name of the activity	Year of the activity	Number of students participated in such activities
1	WORKSHOP ON BREAST CANCER	19.10.2019	88
2	WORKSHOP ON BREAST CANCER WITH SCREENING	30.10.2019	90
3	RASHTRIYA EKTA DIWAS	01.11.2019	20
4	CLEANLINESS PROGRAM AT BALI YATRA GROUND, CUTTACK	15.11.2019-18.11.2019	25
5	OBSERVANCE OF ROAD SAFETY WEEK	17.01.2020	47
6	NATIONAL VOTERS DAY	30.01.2020	30
7	SEMINAR ON MOBILE HAZARDS	08.02.2020	50
8	RALLY OF INTERNATIONAL GREEN MOVEMENT FOR GREEN ODISHA	22.02.2020	15
09	OBSERVATION OF NSS DAY	24.09.2020	50
10	WEBINAR ON "FIT INDIA"	30.09.2020	84
11	OBSERVATION OF RASHTRIYA EKTA DIWAS	31.10.2020	
12	PLEDGE-TAKING CEREMONY ON NO CORRUPTION WEEK	27.11.2020	50
13	OBSERVATION OF NATIONAL YOUTH DAY	12.01.2021	62
14	OBSERVATION OF NETAJI SUBHAS CHANDRA BOSE JAYANTI	23.01.2021	50
15	SEMINAR ON CAUSES AND PREVEN	01.12.2021	50
16	OBSERVATION OF ROAD SAFETY MONTH	17.02.2021	50
17	OBSERVATION OF GANDHI'S VISIT TO ODISHA	22.02.2021	97
18	TRAINING PROGRAM ON ELECTRONIC BANKING AND TRAINING PROGRAM	23.02.2021	50
19	SEMINAR ON ENHANCING THE POTENTIAL OF GIRL'S STUDENTS	06.03 2021	50
20	SEMINAR ON THE ROLE OF WOMEN IN SOCIETY	08.03 2021	50

21	WEBINAR ON “CARE DURING CIVID 19 SECOND WAVE”	05.05.2021	50
22	WEBINAR ON “OXYGEN SUPPLEMENT THROUGH YOGA DURING COVID-19 SECOND WAVE”	15.05.2021	50
23	DISTRIBUTION OF FOOD TO THE POOR AND HUNGRY PEOPLE	16.06.2021	50
24	WEBINAR ON STAY FIT INDIA	21.06.2021	50
25	BANAMAHOTSAVA AND PLANTATION	06.07.2021	100
26	PLANTATION PROGRAM BY CHIEF TENNIS COACH OF INDIA	21.07.2021	50
27	ORIENTATION PROGRAM FOR NSS (+3 WING) VOLUNTEERS	30.07.2021	100
28	SPECIAL CAMP FOR NSS VOLUNTEERS	13.08.2021-19.08.2021	50
29	NATIONAL SEMINAR ON THE IMPORTANCE OF EYE DONATION IN COLLABORATION WITH DRUSHTIDAAN	04.09.2021	100
30	OBSERVATION OF NSS DAY	24.09.2021	100
31	WORKSHOP FOR PROGRAM OFFICERS AND VOLUNTEERS	29.09.2021	87
32	SEMINAR ON BREAST CANCER	26.10.2021	76
33	SEMINAR ON CORRUPTION FREE INDIA	01.11.2021	50
34	SEMINAR ONN VOTER’S RIGHT IN COLLABORATION WITH CMC, CUTTACK	26.11.2021	100
35	SEMINAR ON CAUSES AND PREVENTION OF HIV AIDS	01.12.2021	100
36	TRAINING PROGRAM ON FIRE SAFETY	13.12.2021	100
37	NATIONAL WEBINAR ON” YOUTHOG INDIA IN PRESENT SCEN DUTIES AND CHALLENGES	12.01.2022	100
38	WEBINAR ON YOGA AND MENTAL HEALTH	16.01.2022	87
39	SEMINAR ON GENDER EQUALITY TODAY FOR SUSTAINABLE TOMORROW	08.03.2022	78

40	PARTICIPATION OF NSS VOLUNTEERS ON ULB (URBAN LOCAL BODY) ELECTION POLL DUTY -2022 TO ASSIST PWD VOTERS	24.03.2022	10
41	WORLD NO TOBACCO DAY	31.05.2022	45
42	OBSERVATION OF BANAMAHOTSAVA WEEK	01.07.2022 TO 07.07.2022	52
43	WORKSHOP ON DRAFT NATIONAL POLICY FOR PERSON DISABILITY	23.07.2022	70
44	INTERNATIONAL YOUTH DAY	12.08.22	50
45	MEGA BLOOD DONATION CAMP	22.09.2022	47
46	OBSERVATION OF NSS DAY	24.09.2022	100
47	OBSERVATION OF RASTRIYA EKTA DIWAS PLEDGE TAKING	31,10.2022	50
48	OBSERVATION OF THE CONSTITUTION DAY OF INDIA(SAMBIDHI AN DIWAS)	26.11.2022	78
49	CAMPUS CLEANING PROGRAMME	30/11/2022	82
50	OBSERVATION OF WORLD AIDS DAY	01.12.2022	84
51	SPECIAL CAMP FOR NSS VOLUNTEERS	11.02.2023-17.02.2023	87
52	BLOOD DONATION CAMP FOR BAHANAGA TRAIN TRAGEDY	07.06.2023	96

WORKSHOP ON BREAST CANCER DATE: 19.10.2019

NSS UNIT-1 of Shailabala Women's (A) College, Cuttack in association with Rotary Club Cuttack and Rotary Club Central Cuttack organized a workshop program on breast cancer on 19.10.2019. A total of 88volunteers and teachers participated in this workshop. The program was inaugurated by principal, Dr. Chinmayee Mohapatra. Breast cancer is one of the leading causes of morbidity and that affects a person's life from all aspects. Through this program the signs, symptoms, self-care, right approach to seek medical help etc. was discussed with the participants.

Outcome: The volunteers were sensitized regarding the early symptoms of breast cancer and importance of seeking fast medical help in this regard to save life.

WORKSHOP ON BREAST CANCER WITH SCREENING DATE: 30.10.2019

NSS UNIT-1 of Shailabala Women's (A) College, Cuttack in collaboration with Apollo Hospital, Bhubaneswar organized a workshop on breast cancer in which 90 girl students underwent a screening process for any sort of lump or nodule.

Outcome: The volunteers got a chance for medical screening to test for any development or symptom of breast cancer. Since this is a women's college so such a program has great importance and necessity.

RASHTRIYA EKTA DIWAS- DATE: 01.11.2019

20 NSS volunteers of +3 NSS wing, UNIT-1 of Shailabala Women's (A) College, Cuttack took a pledge for unity and harmony on 01/11/2019. The program officer and 2 teachers took the lead to arrange the program.

Outcome: Volunteers were motivated to guard the integrity of the nation through unity and harmony.

CLEANLINESS PROGRAM AT BALI YATRA GROUND, CUTTACK

DATE: 15.11.2019 to 18.11.2019

As a part of Swachh Bharat Abhiyan 25 NSS volunteers and three (03) teachers of Shailabala Women's Autonomous College, Cuttack participated in the Cleanliness Program at Bali Yatra Ground, Cuttack from 15th to 18th November, 2019.

Outcome: The volunteers continued the tradition of being a part of protective force of the historical Baliyatra ground of Cuttack and make the heritage of the city clean.

OBSERVANCE OF ROAD SAFETY WEEK DATE: 17.01.2020

+3 NSS, Unit-1 of S. B. Women's Autonomous College observed road safety week on 17.10.2020. 47 volunteers participated in this program along with the program officer and other teachers of the college. The students were made aware about traffic rules, safety measures to be taken while riding a vehicle and how to come forward to help the victims of road accident. They were sensitized to wear helmets and spread the same message to others also while driving.

Outcome: The volunteers learnt about the safety measures that should be taken while driving and what should they do to help any victim of road accident.

NATIONAL VOTERS DAY-DATE: 30.01.2020

+3 NSS wing, UNIT-1 of Shailabala Women's (A) College, Cuttack observed National Voter's Day on 30.01.2020. 30 volunteers took pledge on the day to be responsible voters and create voting awareness among the people.

Outcome: The volunteers were motivated to become responsible voters and also to get registered them under the electoral roll. They pledged to keep the national interest first and not to be lured by any sort of corrupt practices while voting.

WEBINAR ON MOBILE HAZARDS DATE: 08.02.2020

NSS, UNIT-1 of Shailabala Women's (A) College, Cuttack organized a webinar on Mobile Hazards on 08/02/2020 under the chairmanship of the principal and program coordinator of NSS. People of all age groups are prone to mobile phone addiction leading to a lot of side effects including postural issues, psychological and relationship problems and radiation related diseases like cancer, eye problems, hearing loss, decreased brain functionality, cyber threats, concentration problems, social isolation etc. Through this webinar the volunteers discussed about all these issues and how can they use mobile phones judiciously without hampering their daily activities, relationships or health in any form. 50 volunteers participated in this program.

Outcome: The volunteers learnt to use the mobile phones judiciously and stay away from its addiction.

RALLY ON INTERNATIONAL GREEN MOVEMENT FOR GREEN ODISHA-

22.02.2020

-15 volunteers and 2 teachers of Shailabala Women's Autonomous College, Cuttack actively participated in Rally of International Green Movement for Green Odisha, India and World at Barabati Stadium, Cuttack on 22/02/2020 which was organized by Prerana Green Army, Bhubaneswar.

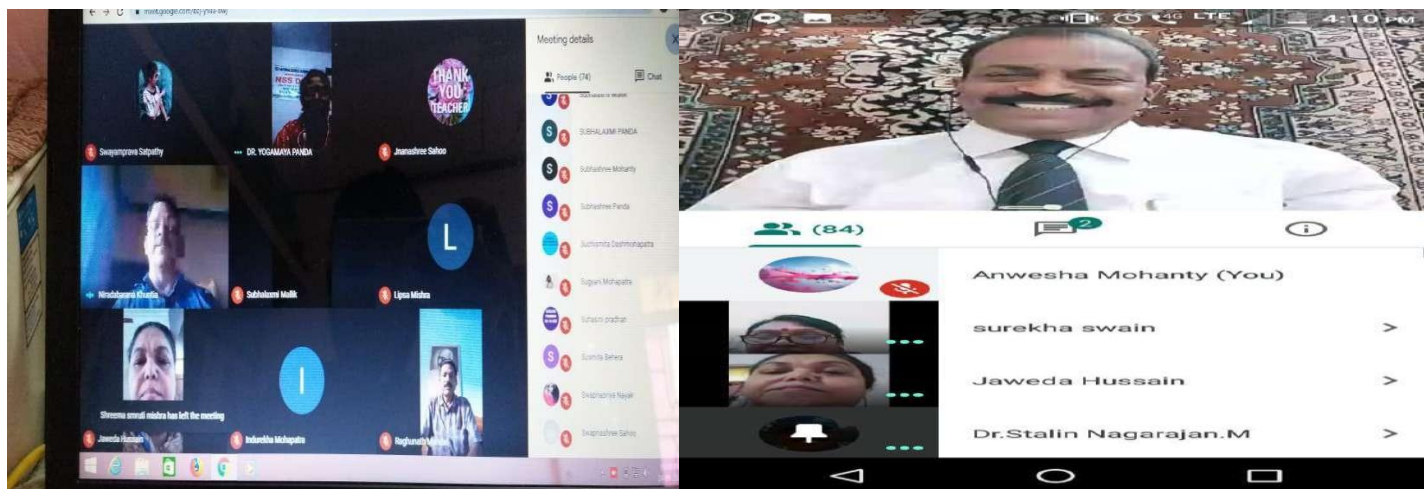
Outcome: Involvement in such programs yielded Prerana Green Army Award to the participant NSS unit of this college.



OBSERVATION OF NSS DAY- DATE: 24.09.2020

NSS +3 wing organized a webinar on the occasion of NSS day on 24/09/2020. Dr. Jaweda Hussain, Principal, Shailabala Women's (Auto.) College Cuttack addressed the audience and 50 NSS volunteers in the virtual mode. Dr. Nirada Barana Khuntia, ETI trainer and Indira Gandhi awardees joined the webinar as the Chief Guest and addressed the virtual participants about the importance of NSS. Dr. Yogamaya Panda, Program Officer, NSS coordinated the webinar

Outcome: NSS day hold a very essential place in the training of an NSS volunteer. It brings a sense of positiv spirit, accountability to the national progress.



WEBINAR ON “FIT INDIA” DATE: 30.09.2020

One National webinar was organized on 30.09.2020 by +3 NSS wing of the Shailabala Women's (Auto) College, Cuttack. Dr. Jaweda Hussain, Principal, Shailabala Women's (Auto) College, Cuttack addressed all the virtual participants about the importance of fit India. Dr. Stalin Nagarajan, Chief Tennis Coach of India joined the webinar as Chief Guest and addressed the virtual participants about the importance of health and physical fitness. Dr. Yogamaya Panda, NSS Program Officer coordinated the webinar.

Outcome: The volunteers gained various health ideas to stay fit and healthy.

OBSERVATION OF RASHTRIYA EKTA DIWAS- DATE: 31.10.2020

Rashtriya Ekta Diwas was observed on dt31/10/2020 by NSS +3 wings of Shailabala Women's (Auto) College, Cuttack in virtual mode. Dr. Jaweda Hussain, Principal, Shailabala Women's (Auto.)College, Cuttack addressed the virtual participants and highlighted the importance of this day. R. Saida Naik, Regional Director of NSS, Bhubaneswar joined in the webinar and addressed about the importance of Rashtriya Ekta Diwas to all the virtual participants. Prof. Dr. Surekha Sundari Swain, SNO Cum Deputy Secretary, Department of Higher Education encouraged all the NSS volunteers about the importance of this day. Dr. Yogamaya Panda, NSS Program Officer coordinated the webinar.

Outcome: The volunteers were sensitized regarding the sense of national unity and harmony

 KEY NOTE ADDRESS BY  R SAIDA NAIK REGIONAL DIRECTOR REGIONAL DIRECTORATE OF NSS MINISTRY OF YOUTH AFFAIRS & SPORTS GOVT. OF INDIA ADDRESS BY  DR. SUREKHA SUNDARI SWAIN SNO CUM DEPUTY SECRETARY DEPARTMENT OF HIGHER EDUCATION GOVT. OF ODISHA	 OBSERVANCE OF RASHTRIYA EKTA DIWAS DATE: 31/10/2020 TIME: 12PM TO 1 PM WEBINAR LINK https://meet.google.com/ric-ccvy-tvh ORGANISED BY NSS, +3 WING, UNIT -1 SHAILABALA WOMEN'S (AUTO) COLLEGE, CUTTACK
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PLEDGE TAKING CEREMONY ON NO CURRUPTION WEEK

DATE: 27.11.2020

On the occasion of No Corruption Week , Principal, all faculty members along with NSS wing of Shailabala Women’s (Auto) College, Cuttack took pledge on 27/11/2020 in the college auditorium to make India corruption free, not to indulge in any corrupt practice and be dutiful in every aspect of life. They also pledged to act in every possible manner to stop every kind of wrong practice which tarnishes the goals of nation. The program was presided by Dr. Jaweda Hussain, Hon’ble Principal. Dr. Yogamaya Panda, P.O., NSS worked along with the staff of the college to make it a successful program Outcome: The volunteers were motivated to make the nation corruption free.

OBSERVATION OF NATIONAL YOUTH DAY

DATE: 12.01.2021

Webinar on Observance of National Youth Day was organized by NSS wing of Shailabala Women’s (Auto.) College, Cuttack on 12/01/2021. Dr. Jaweda Hussain, Principal, Shailabala Women’s (Auto.) College, Cuttack addressed the virtual participants and highlighted the role of youth in NSS. Prof. Dr. Surekha Sundari Swain, SNO Cum Deputy Secretary, Department of Higher Education encouraged all NSS volunteers by highlighting the youth role in the development of country. She focused more on the responsibilities of youth in nation’s development. Dr. Yogamaya Panda, NSS Program Officer coordinated



the webinar. **Outcome:** Youth plays tremendous role in the progress of a country. The young volunteers were



OBSERVATION OF NETAJI SUBHAS CHANDRA BOSE JAYANTI

DATE: 23.01.2021

NSS +3 wing of Shailabala Women's (Auto) College, Cuttack of Subhas Jayanti on 23/01/2021 in the smart room of the college. Dr. Yogamaya Panda, Program Officer, NSS welcomed all the dignitaries. Dr. Jaweda Hussain, Principal Shailabala Women's (Auto.) College, Cuttack presided over the meeting and introduced the guest to all the audience and highlighted role of freedom fighters for the country. Prof. Dr. Surekha Sundari Swain, SNO Cum Deputy Secretary, Department of Higher Education joined as the Chief Guest and encouraged all the 50 NSS volunteers to know about the freedom fighters like Netaji Subhas Chandra Bose.

Outcome: The volunteers were motivated by the life stories of Netaji Subhas Chandra Bose who was an icon of energy, agility, spontaneity, skills, and sacrifice for the country's freedom.

OBSERVATION OF ROAD SAFETY MONTH

DATE: 17.02.2021

Rally on Road Safety month was observed by NSS volunteers of Shailabala Women's (Auto.) College, Cuttack on 17/02/2021 in collaboration with Lalbag Police Station, Cuttack. Dr. Yogamaya Panda, Program Officer, NSS, Ms Swarnalata Bal, PET, and Ms Padmaja Jagati, Assistant Professor of Home Science, coordinated the program. 50 NSS volunteers participated in the program.

Outcome: The volunteers learned to follow safety measures while driving a vehicle and also to help the victims of road accidents.

OBSERVATION OF GANDHI'S VISIT TO ODISHA ONE DAY SEMINAR - ON DATE: 22.02.2021

NSS +3 wing of Shailabala Women's (Auto.) College, Cuttack organised one day Seminar on 22/02/2021 on the observation of Gandhi's Visit to Odisha in Collaboration with Gandhi Odisha

-100. Dr. Yogamaya panda, NSS Program Officer offered the welcome address. Dr. Jaweda Hussain, Principal Shailabala Women's (Auto.) College, Cuttack presided over the meeting and introduced the guest to all the audience and highlighted the contribution of Mahatma Gandhi for India. Dr. Reena Routray Social worker focused the ethics of Mahatma Gandhi in her speech. 05 students received certificates for winning the debate competition on the topic "Gandhi's visit to Odisha". The program ended with vote of thanks by Ms Padmaja Jagati, NSS member of the college.

Outcome: The father of the nation Mahatma Gandhi had visited this heritage building of the college while Late Utjkal Gourav Madhusudan Das was residing here. To mark the occasion a seminar and discussion yielded huge respect for the leaders who brought freedom to this country and the volunteers were motivated to live ideal lives like them.



TRAINING PROGRAM ON ELECTRONIC BANKING

Date: 23.02.2021

A training program on Electronic Banking was organized by NSS +3 wing of Shailabala Women's (Auto) College, Cuttack in Association with Reserve Bank of India on 23.02.2021. Dr. Yogamaya panda, NSS Program Officer offered the welcome address. Dr. Jaweda Hussain, Principal Shailabala Women's (Auto) College, Cuttack presided over the meeting and introduced the guest to all the audience. The students were imparted training on electronic banking by RBI manager and also got educated about the various rules, regulations and cyber-crime. The program was ended with vote of thanks by Padmaja Jagati, member NSS. 50 NSS volunteers and more than 100 students also participated in this program.

Outcome: The participants were trained towards the safe use of electronic banking and safe financial transactions.

SEMINAR ON ENHANCING THE POTENTIAL OF GIRL STUDENTS

DATE: 06.032021

The NSS +3 wing of Shailabala Women's (Auto) College, Cuttack organised a seminar on "Enhancing the potentials of Girl students" on dt06.03.2021 and various competitions were held on dt06.03.2021 among NSS volunteers on Observation of International Women's Day in Collaboration with Odisha Naari Seva Sangha. Dr. Yogamaya Panda, NSS, Program Officer welcomed all the dignitaries. Dr. Manorama Mohapatra, social worker joined in this program as the chief guest and motivated all NSS female volunteers and their role in the society. The winners were distributed with the certificates and medals. The program was ended with vote of thanks by Padmaja Jagati member NSS. All 50 NSS volunteers actively participated in these competitions.

Outcome: To discover the potential of girl students on the occasion of International Women's day.



SEMINAR ON ROLE OF WOMEN IN SOCIETY Date: 08.03 2021

NSS +3 wing of Shailabala Women's (Auto.) College, Cuttack observed International Women's Day on 08/03/2021 in the smart class room of the college, Dr. Yogamaya Panda, NSS, Program Officer offered the welcome address. DR. Jaweda Hussain, Principal, Shailabala Women's (Auto.) College, Cuttack presided over the meeting and introduced the guest to the audience. Dr. Sanjukta Mohapatra, Retired Principal joined the program as Chief Guest and highlighted the role and importance of women in society. The program was ended with vote of thanks by Ms Padmaja jagati, member, NSS. All 50 NSS volunteers participated in the

Outcome: The volunteers gained motivation to acquire more skills, knowledge, financial independence to play social roles as women.



WEBINAR ON “ CARE DURING CIVID 19 SECOND WAVE”- DATE:05.05.2021

NSS +3 wings of Shailabala Women’s (A) College, Cuttack organized a webinar on the topic “Care during COVID-19 Second Wave” on 5/5/2021. The program was chaired by Dr. Surekha Sundari Swain, Principal, Shailabala Women’s (A) College, Cuttack. Dr. Yogamaya Panda, Program Officer, +3 NSS, Unit-I presented guest introduction. Pediatrician Dr. Nivedita Pattnaik attended the webinar as Chief Guest and spoke on various strategies to be careful during COVID-19 and its preventive measures. Guest of Honour Dr. Ramesh Chandra Behera, SNO-cum-Deputy Secretary, State NSS Bureau motivated the volunteers to come forward to aware more people during COVID-19 and extend help to the victims and the affected families in every possible way. Volunteers actively interacted with the guests. More than hundred participants attended the webinar including 50NSS volunteers. The program ended with vote of thanks by Smt. Sushree Shibanee Dash, Program Officer, +3 NSS, Unit-II.

WEBINAR ON “OXYGEN SUPPLEMENT THROUGH YOGA DURING COVID-19 SECOND WAVE”

DATE-15.05.2021

An international webinar was organized by NSS wings of S. B. Women’s (Auto.) College, Cuttack on 15/5/2021 at 11 am on virtual mode. The topic of the webinar was “Oxygen Supplement through Yoga during COVID-19 Second Wave” The webinar was presided by Hon’ble Principal, Dr. Surekha Sundari Swain. Prof. (Dr.) Aparajita Choudhury, Hon’ble Vice Chancellor, R. D. Women’s University attended the meeting as chief guest. She focused on benefits of everyday practice of Yoga in home during pandemic for complete relaxation and wellness. The chief speaker Prof. Lingham Pilai Acharya, Dean, School of Yoga, Sports and Science, Genovasi University, Malaysia taught on various skills of yoga and pranayama and their effectiveness in maintaining the physiological oxygen level. Guests of Honour Dr. Kamal Kumar Kar, Director, NSS, Ministry of Youth Affairs and Sports, Ms. Sarita Patel, Regional Director, NSS, BBSR, Dr. Alibha Mohanty, Program Coordinator, NSS, R.D. Women’s University, Dr. Stalin Nagrajan, National Tennis Coach and Dr. Ramesh Chandra Behera, SNO-cum-Deputy Secretary, State NSS Beaureau, Odisha. The webinar was co-ordinated by NSS Program Officers Dr. Yogamaya Panda and Smt. Sushree Shibanee Dash. A large number of participants including 50 NSS volunteers attended the webinar. The program was ended with vote of thanks.

Outcome: The students came to know about the importance of oxygen supply to the blood as well the easy yoga postures that can enhance oxygen supply to body to fight suffocation during CoVID.



DISTRIBUTION OF FOOD TO THE POOR AND HUNGRY PEOPLE DATE:- 16.06.2021

Shailabala Women's Autonomous College in collaboration with Sai Trinath Samiti, Cuttack distributed fruits and food packets to the poor in Cuttack City. The program was organized under chairmanship of Principal Dr. Surekha Sundari Swain. Yoga Guru Smt. Sagarika Jena, Dr. Jamimi Ranjan Mohanty, Niranjana Pati, Dr. Yogamaya Panda, Anand Jena, Sukumar Sinha, Banalata Jes etc also participated to make this program successful.

Outcome: It created a sense of compassion and empathy towards the poor hungry and helpless people.

With that all 50 NSS volunteers started educating poor people not to beg for survival.

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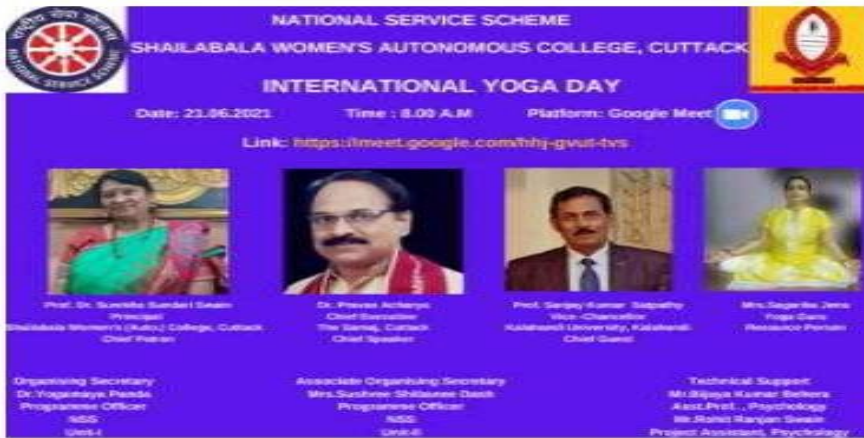
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WEBINAR ON STAY FIT INDIA-DATE: 21.06.2021

NSS wings of Shailabala Women's (Auto.) College, Cuttack organized a webinar on "Stay Fit India" on dt21/6/2021. The webinar was chaired by Hon'ble Principal Dr. Surekha Sundari Swain. It was inaugurated by the Chief Guest Prof. (Dr.) Sanjay Kumar Satapathy, Hon'ble Vice Chancellor, Kalahandi University. He gave valuable ideas to strengthen mind and body through regular practice of Yoga. Chief Speaker Dr. Pravas Acharya, Chief Administrative Officer, The Samaj Newspaper and National Secretary of Rastriya Loksevak Mandal advised the volunteers to stay fit and balanced by adopting Yoga. The resource person Yoga Guru Smt. Sagarika Jena gave motivational talk on benefits of Yoga and Pranayam and taught a number of useful yoga poses to the volunteers. The speakers interacted with the volunteers by answering to various questions. The program was co-ordinated by Dr. Yogamaya Panda and Smt. Sushree Shibane Dash, Program Officers of Unit-I and II, NSS. Technical support was extended by Mr. Bijay Kumar Behera, Asst. Prof. of Psychology and Mr. Rohit Ranjan Swain, Research Scholar, Dept. of Psychology. The program was ended with vote of thanks. All 50 NSS volunteers participated in this program.

Outcome: Since Yoga was invented by India, this International webinar helped to restore the traditional yoga practice amongst the society. NSS volunteers pledged to act like catalysts in spreading yoga awareness in the society.



ଶୈଳବାଳା ସ୍ଵୟଂଶାସିତ ମହାବିଦ୍ୟାଳୟ
 କଟକ, ୨୧.୬ (ଆ.ପ୍ର.): ଶୈଳବାଳା ମହିଳା ସ୍ଵୟଂଶାସିତ ମହାବିଦ୍ୟାଳୟର କାର୍ଯ୍ୟକ୍ରମ ଯୋଜନା ପକ୍ଷରୁ ଆଜ୍ଞାପିତ ନାଥ୍ୟମରେ ଆତ୍ମଜାତିକ ଯୋଗ ଦିବସ ପାଳିତ ହୋଇଯାଇଛି । ମୁଖ୍ୟ ଅତିଥି ଭାବେ କଳାହାଣ୍ଡି ବିଶ୍ଵବିଦ୍ୟାଳୟର କୁଳପତି ପ୍ରଫେସର ଡ. ସଞ୍ଜୟ କୁମାର ଶତପଥୀ କାର୍ଯ୍ୟକ୍ରମକୁ ଉଦ୍ଘାଟନ କରି ନିୟମିତ ଯୋଗାଭ୍ୟାସ ବଳରେ ଶାରୀରିକ ଓ ମାନସିକ ଦୃଢ଼ତା ଆସିଥାଏ ବୋଲି ମହତ୍ୟକ୍ତ କରିଥିଲେ । ମୁଖ୍ୟବକ୍ତା ଭାବେ ଯୋଗଦେଇ ଲୋକସେବକ ମଣ୍ଡଳର ରାଷ୍ଟ୍ରୀୟ ସମାଜ ତଥା 'ସମାଜ'ର ମୁଖ୍ୟ ପ୍ରଶାସନିକ ଅଧିକାରୀ ଡ.



ପ୍ରଭାସ ଆଚାର୍ଯ୍ୟ ଯୋଗ ଓ ପ୍ରଶାସନ ନାଥ୍ୟମରେ ଶ୍ରୀରାଜକୁ ସ୍ଵପ୍ନ ରଞ୍ଜିତକୁ ଛାତ୍ରୀଙ୍କୁ ପରାମର୍ଶ ଦେଇଥିଲେ । ଯୋଗସୂତ୍ର ସାଗରିକା ଜେନା ଯୋଗର ଉପକାରଣତା ଉପରେ ଆଲୋଚନା କରୁଥିବା ସମ୍ବନ୍ଧରେ ବିଭିନ୍ନ ଯୋଗାସନ ଓ ପ୍ରଶାସନ ଶିଖାଇଥିଲେ । ଏଥିସହ ଯୋଗ ସମ୍ପର୍କରେ ଛାତ୍ରୀଙ୍କ ବିଭିନ୍ନ ପ୍ରଶ୍ନର ଉତ୍ତର ମଧ୍ୟ ଶ୍ରୀମତୀ ଜେନା ଦେଇଥିଲେ । ମହାବିଦ୍ୟାଳୟର ଅଧ୍ୟକ୍ଷା ପ୍ରଫେସର ଡ. ସୁରେଖା ସୁନ୍ଦରୀ ସ୍ଵାଇଁ ପ୍ରାରମ୍ଭିକ ପ୍ରଦର୍ଶନ ଦେବା ସହ ଅଧ୍ୟକ୍ଷତା କରିଥିଲେ । କାର୍ଯ୍ୟକ୍ରମ ଯୋଜନା କାର୍ଯ୍ୟକ୍ରମ ଅଧିକାରୀ ଡ. ଯୋଗନାଥ ପଣ୍ଡା ଅତିଥି ପରିଚୟ ପ୍ରଦାନ ଓ କାର୍ଯ୍ୟକ୍ରମ ପରିଚାଳନା କରିଥିଲେ । ଶିବାନୀ ଦାଶ ଧନ୍ୟବାଦ ଅର୍ପଣ କରିଥିଲେ । ବିଜୟ କୁମାର ବେହେରା, ରୋହିତ ରଞ୍ଜନ ସାହି ସହଯୋଗ କରିଥିଲେ । ମହାବିଦ୍ୟାଳୟର ଅଧ୍ୟାପକ, ଅଧ୍ୟାପିକା ଓ ଛାତ୍ରୀମାନେ କାର୍ଯ୍ୟକ୍ରମରେ ସାମିଲ ହୋଇଥିଲେ ।

BANAMAHOTSAVA AND PLANTATION DATE: 06.07.2021

Bana Mahotsava week was observed in S. B. Women’s (Auto.) College on 6/7/2021. It was organized by NSS in collaboration with Youth Red Cross, Rangers and Rovers, NCC and Eco-Club. Chief guest Sri Subas Singh, Honourable M.P., Guest of Honour Sri Ajay Kumar Mohanty, Deputy Commissioner ,CMC, Mrs. Usharanai Sahoo, Ex- corporator etc. visited the college on this occasion. All invited guests, Hon’ble principal Dr. Surekha Sundari Swain, Sushree Shibance Dash, Program Officer, Unit-I & Dr. Yogamaya Panda, Program Officer, Unit-II, +3 NSS, OICs, teachers and non-teaching staff and 100 volunteers took part in massive plantation program inside the campus and planted various saplings of fruit-bearing and shade-giving plants.

Outcome: The volunteers took part in it and understood the importance of plantation and its underlying advantages to the nature.

ଶୈଳବାଳାରେ ବନ ମହୋତ୍ସବ

କଟକ, ୨୧ (କ.ପ୍ର) :
 ଶୈଳବାଳା ସ୍ୱୟଂଶାସିତ
 ମହାବିଦ୍ୟାଳୟରେ ବନ
 ମହୋତ୍ସବ ସମ୍ପାଦ୍ଧ ପାଳିତ
 ହୋଇଯାଇଛି । ଏଥିରେ ମୁଖ୍ୟ
 ଅତିଥି ଭାବେ ସଂସଦ ସୁଭାଷ
 ଦି'ହ, ସମ୍ମାନିତ ଅତିଥି ଭାବେ
 ସିଏମସି ଉପ-ଆୟୁକ୍ତ ଅଜୟ
 କୁମାର ମହାନ୍ତି, ପୂର୍ବତନ
 କର୍ପୋରେଟର ଉତ୍ତାରଣା ସହ ପ୍ରମୁଖ
 ଯୋଗଦେଇ ମହାବିଦ୍ୟାଳୟ ପରିସରରେ
 ଚାଟାୟ ସେବା ଯୋଜନା, ଯୁବ
 ରେଡକ୍ରସ, ରେଡିର ରୋଜର,
 ଜାତୀୟ ସମର ଶିକ୍ଷାର୍ଥୀ
 ବାହିନୀ ଏବଂ ଇକୋ କ୍ଲବର
 ମିଳିତ ସହଯୋଗରେ ଏହା
 ଆୟୋଜନ କରାଯାଇଥିଲା ।



PLANTATION PROGRAM BY CHIEF TENNIS COACH OF INDIA

DATE: 21.07.2021

Dr. Stalin Nagarajan, a National Tennis Coach, Ministry of Skill Development, Entrepreneurship, Youth Affairs and Sports, Government of India, visited Shailabala Women’s (Auto.) College on 21/7/2021. He visited the campus and the sports ground and gave many valuable suggestions to improve the existing resources like the college pool for a swimming area or kayaking. He and Hon’ble Principal Dr. Surekha Sundari Swain planted many saplings around the basketball court and inside the new hostel campus. Dr. Nagarajan was felicitated by the Principal. The program was co-ordinated by Dr. Yogamaya Panda and Sushree Shibanee Dash, Program Officers, NSS UNIT-I and II.

Outcome: Deforestation gives way to flood, land slide, famine, climate change and more pollution. Plantation by the leaders definitely motivated others and created a massive awareness to restore our greenery and environment.



ORIENTATION PROGRAM FOR NSS (+3 WING) VOLUNTEERS- DATE: 30.07.2021

NSS, +3 wing of Shailabala Women's (A) College, Cuttack organized an Orientation Program for NSS Volunteers on 30/7/2021 in the college auditorium both in offline and online mode. Dr. Surekha Sundari Swain, Principal, Shailabala Women's (A) College, Cuttack, offered the welcome address to the audience. Ms. Sarita Patel, Regional Director, Govt. of India, Regional Directorate of NSS, Bhubaneswar inaugurated the Orientation Program and presented the audience with her inaugural speech. Invited guest Dr. MD SK. Kalimulaha explained the NSS Volunteers about the motto of NSS and motivated them for the community service along with studies. Retd. Justice Mr. Manoranjan Mohanty, enlightened the NSS Volunteers towards social service by citing the examples of Mahatma Gandhi. Mr. Nirada Barana Khuntia, Lecturer, ETI, OUAT, Bhubaneswar, oriented the NSS Volunteers by highlighting about the vision, mission, motto and work ethics of NSS. Dr. Biswajit Roy, member of National Committee of Gandhi Smarak Nidhi encouraged our dynamic NSS volunteers to work for the community service for the betterment of the nation. Dr. Yogamaya Panda, Program Officer, Unit-I, +3 NSS, managed overall co-ordination. The program was ended with a vote of thanks offered by Sushree Shibane Dash, NSS Program Officer, Unit-II. 100 NSS Volunteers participated in the Orientation Program in both online and offline mode. After the end of the program all invited guests planted a number of trees in the college campus.

Outcome: The orientation program is a must to understand the current situations through NSS. The program created an immense motivation among the volunteers towards community service.



ଶୈଳବାଳା ମହିଳା କଲେଜରେ ଆଭିମୁଖ୍ୟ କାର୍ଯ୍ୟକ୍ରମ

କଟକ, ୧୮ (ବୁଧବେଳା) : ଶୈଳବାଳା ମହିଳା ସ୍ୱୟଂଶାସିତ ମହାବିଦ୍ୟାଳୟରେ ଜାତୀୟ ସେବା ଯୋଜନା ପକ୍ଷରୁ ଏକ ଆଭିମୁଖ୍ୟ କାର୍ଯ୍ୟକ୍ରମ ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । ଏଥିରେ ମହାବିଦ୍ୟାଳୟର ଅଧ୍ୟକ୍ଷା

ନାରଦବରଣ ଖୁଣ୍ଟିଅସମ୍ମାନିତ ବଜ୍ରା, ଓଡ଼ିଶା ରାଜି ପିପ୍ ପାଇଞ୍ଜେସନର ସଭାପତି ପୂର୍ବତନ ବିଚାରପତି ମନୋରଂଜନ ମହାନ୍ତି ସମ୍ମାନିତ ଅତିଥି ଭାବେ ଯୋଗ ଦେଇଥିଲେ । ରାଜି ସ୍ୱାରକ ନିଧିର ଜାତୀୟ



ଡ. ସୁରେଖା ସୁନ୍ଦରୀ ସ୍ୱାଇଁ ଅଧ୍ୟକ୍ଷତା କରିଥିଲେ । ଏହି ଏସ୍ ଏସ୍ ଆନ୍ତର୍ଜନିକ ନିର୍ଦ୍ଦେଶକ ସରିତା ପଟ୍ଟେଲ ମୁଖ୍ୟ ଅତିଥି ଭାବେ ଯୋଗଦେଇ ସେବାସେବାମାନଙ୍କୁ ସମାଜ ସେବା ନିମନ୍ତେ ଉତ୍ସାହିତ କରିଥିଲେ । ଭାରତ ସରକାରଙ୍କର ଛାଡ଼ା ଓ ଯୁବ ବ୍ୟାପାର ମନ୍ତ୍ରଣାଳୟର ଏସ୍ ଏସ୍ ଏସ୍ ନିର୍ଦ୍ଦେଶକ ଡ. ଜମଳ କୁମାର କର ମୁଖ୍ୟବକ୍ତା, ବିପ୍ ଏଚିର ଅଧ୍ୟାପକ

କମିଟିର ସଦସ୍ୟ ଡ. ବିଶ୍ୱଜିତ ରାୟ ରାଜିତାଙ୍କର ଆଗମନ ବିଷୟରେ ଆଲୋଚନାତ କରିଥିଲେ । ଡ. ଏସ୍ କେ କଲିମୁଲ୍ଲା ବିଶେଷ ଅତିଥି ଭାବେ ଯୋଗ ଦେଇଥିବା ବେଳେ କାର୍ଯ୍ୟକାରୀ ଅଧିକାରୀ ଡ. ଯୋଗନାଥ ପଣ୍ଡା ଅତିଥି ପରିଚୟ ପ୍ରଦାନ କରିଥିଲେ । ସରସ୍ୱତୀ ମାଝି ଓ ରୋହିତ ରଂଜନ ସ୍ୱାଇଁ ସହଯୋଗ କରିଥିଲେ । ସୁଶ୍ରୀ ଶିବାଜୀ ଦାଶ ଧନ୍ୟବାଦ ଦେଇଥିଲେ ।

SPECIAL CAMP FOR NSS VOLUNTEERS DATE: 13.08.2021 TO 19.08.2021

Shailabala Women’s Autonomous College, Cuttack organized a special camp for seven days for NSS volunteers of +3 Wing (Unit-1 & 2) from 13th August 2021 to 19th August 2021. The inaugural program was chaired by Hon’ble Principal Madam, Dr. Surekha Sundari Swain. The special camp was inaugurated by Ms. Sarita Patel, Regional Director, NSS Regional Directorate, Govt. of India. Mr. Nakula Chandra Dehury, Youth Officer, NSS, Regional Directorate, Govt. of India attended the ceremony as Guest of Honour. Sri Satya Ray, Retd. Chief Editor, The Samaj was the chief Speaker and Dr. Reena Routray, Social Worker also attended the program as Invited Speaker. 50 NSS volunteers (25 from Unit-1 and 25 from Unit-2) attended the camp. The activities of the 7 days are summarized as follows. Everyday after waking up in early morning the volunteers practiced Yoga and Pranayam and other physical exercises under guidance of the trainers Ms. Arati Sasmal (Fitness Trainer), Mrs. Swarnalata Bal, PET, Shailabala Women’s (Auto.) College, Cuttack and Mrs. Sagarika Jena (Yoga guru) . In Shramadan various activities like campus cleaning, pit digging, massive plantation, distribution of sanitizers and masks etc. were done by the volunteers in the college campus. DFO, Athagarh provided one truck of saplings and fruit bearing plants for this purpose to the college. In the afternoon extramural sessions were arranged and eminent speakers with expertise in diverse disciplines disseminated their valuable knowledge and discussed important matters among the volunteers to enlighten them about various practical social issues. The topic “Mahatma Gandhi,

Madhusudan Das and Today's Youth" was discussed by Sri Satya Ray, Retd. Chief Editor, The Samaj and Dr. Reena Routray, Social Worker. Mr. Nirada Barana Khuntia, Lecturer, ETI, OUAT gave talk on the topic "Know NSS". Dr. Md. Sk. Kalimulaha, Dist-President Scouts & Guide and Ex-P.O. NSS discussed on the topic "Volunteerism". Dr. Narendranath Nayak, Assistant Professor of Odia spoke on the topic "Aim of NSS". Yoga Guru and Writer Mrs. Sagarika Jena spoke on the topic "Importance of Yoga and Balanced Nutrition". Mr. Krushna Chandra Swain, Assistant Professor in Political Science spoke on "Human Rights". Mr. Suresh Kumar Nayak, Lecturer in Zoology spoke on "Awareness of Dengue and HIV, AIDS". A paper craft training was imparted by Mr. Naresh Kumar, a recognized trainer of Art Centre, New Delhi. In the evening different cultural programs and competitions like dance, debate, quiz, song etc. were arranged everyday with active participation of the volunteers. The closing ceremony was chaired by Hon'ble Principal madam Dr. Surekha Sundari Swain. The Chief Speaker of the day was Mr. Nabin Kumar Nayak, Regional Director, Eastern Zone, Nehru Yuva Kendra, Bhubaneswar. Mr. Ashok Kumar Dash, Deputy Director/OSD, NYK, Mr. Prabir Kumar Pradhan, Retd. State Director, NYK, Bhubaneswar, Mr. Chintan Brahma, Program Co-ordinator, NSS, CHSE, Odisha, Bhubaneswar attended the ceremony as guests of honour. They spoke on "Importance of NSS in shaping students life" and shared a lot of ideas about making the students earn through various small farming projects utilizing the available resources of the college. The volunteers presented the review report of the camp and shared their experiences during the camp. The guests distributed certificates and prizes to the volunteers. The meeting was ended with a vote of thanks. The program was co-ordinated by Dr. Yogamaya Panda, Program Officer, Unit-1 and Sushree Shibane Dash, Program Officer, Unit-2 of +3 NSS Wing of Shailabala Women's (Auto.) College, Cuttack.

Outcome: Due to the NSS special camps, the NSS volunteers are trained by professionals to develop their personality mentally and physically to serve the society



NATIONAL SEMINAR ON THE IMPORTANCE OF EYE DONATION IN COLLABORATION WITH DRUSHTI DAAN, BHUBANESWAR DATE: 04.09.2021

Shailabala Women's (A) College, Cuttack in collaboration with Drusti Daan, Bhubaneswar organized a National Level Seminar on "Awareness on eye donation" on Dt.04/09/2021. The program was chaired by Hon'ble Principal Madam, Dr. Surekha Sundari Swain. Madam gave welcome address. The Sri Rupesh Doshi, Vice-President of Drusti Daan and Smt. Sandhya Agrawal, Joint Secretary, Drusti Daan attended the meeting and spoke on the process involved in eye donation,

its mechanism, importance and how can a person be an immense help for the society by influencing people for corneal donation which is a posthumous act. Program Officer Dr. Yogamaya Panda and Sushree Shibanee Dash co-ordinated in this event. The teachers and non-teaching staff and 100 NSS volunteers and students of the college participated in this program and got detailed knowledge regarding eye donation. The program ended with a vote of thanks.

Outcome: The volunteers got sensitized regarding necessity and importance of eye donation and how can it replace darkness with light to see the beautiful world.



OBSERVATION OF NATIONAL SERVICES SCHEME DAY

DATE: 24.09.2021

As a part of National Service Scheme, NSS wing of Shailabala Women's (Autonomous) College, Cuttack, observed National Service Scheme Day on 24/09/2021. Prof. Dr. Surekha Sundari Swain, Principal Shailabala Women's (Autonomous) College, offered welcome address. Smt. Sumita Sarkar, Joint Commissioner, Cuttack Municipal Corporation, inaugurated the program as Chief Guest and addressed the audience about the importance of NSS volunteers in the community service. Prof. Dr. Yudhistir Khatua, President, All India Educational Society and the Guest of Honour of the day's observation encouraged the NSS volunteers about the importance of involvement of volunteers in community service for a better society. The program was coordinated by Dr. Yogamaya Panda, Program Officer, NSS, Unit -I. Prizes were distributed among the winners of different competitions such as Odishi Dance, patriotic song and quiz by the esteemed guests. The program was ended with the vote of thanks by Smt. Sushree Shibanee Dash, Program Officer, NSS, Unit-II. More than 100 number of NSS volunteers were participated in the celebration of NSS day.

Outcome: The program motivated to improve the quality of educated manpower by fostering social responsibility.



ଶୈଳବାଳା ମହିଳା କଲେଜରେ ଏନ୍-ଏସ୍-ଏସ୍ ଦିବସ



କଟକ, ୨୪।୯ (ଭୁବନେଶ୍ୱର): ଶୈଳବାଳା ମହିଳା ସ୍ୱୟଂଶାସିତ କଲେଜରେ ଜାତୀୟ ସେବା ଯୋଜନା ଦିବସ ମଧ୍ୟସ୍ତରୀୟ ସମ୍ମିଳନୀ କକ୍ଷରେ ପାଳିତ ହୋଇଯାଇଛି। ଅଧ୍ୟକ୍ଷା ଚକ୍ର ପୁରେଖା ସୁନ୍ଦରୀ ସ୍ୱାଇଁଙ୍କ ଅଧ୍ୟକ୍ଷତାରେ ଆୟୋଜିତ କାର୍ଯ୍ୟକ୍ରମରେ ମୁଖ୍ୟଅତିଥି ଭାବେ ସିଏମ୍‌ସି ସ୍ୱସ୍ଥ କମିସନର ଡା. କଲେଜର ପୁରାତନ ଛାତ୍ରୀ ସୁମିତ୍ରା ସରାକର, ସମ୍ମାନିତ ଅତିଥି ଭାବେ ଭାରତୀୟ ଶିକ୍ଷା ପରିଷଦ ସଭାପତି ଚକ୍ର ସୁଧିଷ୍ଟର ଖଡୁଆ ପ୍ରମୁଖ ଯୋଗ ଦେଇଥିଲେ। ସଭାରେ ଏନ୍-ଏସ୍-ଏସ୍ ଅଧିକାରୀ ଚକ୍ର ଯୋଗମାୟା ପଣ୍ଡା ଅତିଥି ପରିଚୟ ପ୍ରଦାନ କରିବା ସହ କାର୍ଯ୍ୟକ୍ରମ ପରିଚାଳନା କରିଥିଲେ। ଏହି ଅବସରରେ କଲେଜ ଛାତ୍ରଙ୍କ ମଧ୍ୟରେ ବିଭିନ୍ନ ପ୍ରତିଯୋଗିତା ଅନୁଷ୍ଠିତ ହୋଇଥିଲା। ବିଭିନ୍ନ ପ୍ରତିଯୋଗିତାର ଜୁରୀ ଛାତ୍ର ଅମିତା ପ୍ରସାଦଶର୍ମା, ଶୁଭସ୍ମିତା ତ୍ରିପାଠୀ, ସାବିତ୍ରୀ ଚକ୍ର, ଜନକା ଚକ୍ରବର୍ତ୍ତୀ, ଅନିଶା ମହାନ୍ତି, ଅକ୍ଷିତା ସତ୍ତ୍ୱଳୀ ଅତିଥିଙ୍କଠାରୁ ପୁରସ୍କାର ଗ୍ରହଣ କରିଥିଲେ। ସ୍ୱଳ୍ପ ୨ ଏନ୍-ଏସ୍-ଏସ୍ ଅଧିକାରୀ ଶିବାନୀ ଦାଶା ଧନ୍ୟବାଦ ଅର୍ପଣ କରିଥିଲେ।

ମୁକ୍ତ



କଟକ, ଖୋଲ 'କପ୍ କଲ୍ଲୀ' ପହରା କଲବ ପଙ୍କ ଦିନ ଲାଗି ରାଣ୍ଡା

WORKSHOP FOR PROGRAM OFFICERS AND VOLUNTEERS

DATE: 29.09.2021

Shailabala Women's (A) College, Cuttack in collaboration with Rama Devi Women's University, Bhubaneswar organized a one day workshop for Program Officers and Volunteers of NSS on Dt. 29/9/2021. The program was chaired by Hon'ble Principal Madam, Dr. Surekha Sundari Swain. She gave welcome address. Dr. Yogamaya Panda, Program Officer, + 3 NSS, Unit-I of the college introduced the guests. Prof. (Dr.) Aparajita Choudhury, Vice-chancellor, Rama Devi Women's University attended the program as Chief Guest. She stressed upon mental and physical cleanliness and health, clean thought and proactive personality in each volunteer. Ms. Sarita Patel, Regional Director of NSS, Regional Directorate, Govt. of India, Bhubaneswar attended the program as Guest of Honour. She gave a brief talk on various programs of NSS wings, related preparations and focused on accelerating the strength and activities of NSS at college level. Dr. Ramesh Chandra Behera, SNO-cum- Deputy Secretary, Dept. of Higher Education, Govt. of Odisha joined as Guest of Honor and focused on skill and personality development of NSS Program Officers and volunteers. Dr. Aliva Mohanty, NSS Program Co-ordinator, Rama Devi Women's University spoke about constitution of college level NSS advisory Committee, preparation of annual action plan of NSS Units, execution of each task perfectly, timely report submission to the higher authorities, maintenance of various records of NSS, utilization of NSS funds and updation of cashbook and passbook etc. Sri, Nirada Baran Khuntia, Lecturer, ETI, OUAT focused on ways to overcome the difficulties in various levels while performing various NSS activities. He motivated the volunteers towards social and national service and spreading of NSS through effective use of social media. Smt. Saraswati Majhi, Program Officer of +2 NSS wing of the college conducted the interactive session with the participants. Program Officers Dr. Yogamaya Panda and

Sushree Shibanee Dash co-ordinated in this event. Hundred Program Officers and Volunteers of NSS under Rama Devi Women's University, the teachers and non-teaching staff, NSS volunteers and students of the Shailabala Women's Autonomous College, Cuttack participated in this program. The program ended with a vote of thanks by Program Officer Sushree Shibanee Dash.

Outcome: The program created awareness in the program officers and volunteers of the participant colleges regarding all NSS activities and record keeping. Another aspect was to get the socialization between the NSS volunteers and officials of different NSS units of the colleges to know each other better for united strong future NSS programs.



SEMINAR ON BREAST CANCER- DATE: 26.10.2021

Shailabala Women's (A) College, Cuttack in collaboration with SUM ULTIMATE MEDICARE organized an awareness program on breast cancer on 26/10/2021. The program was chaired by Hon'ble Principal Madam, Prof. (Dr.) Surekha Sundari Swain. Prof. (Dr.) Surekha Sundari Swain presented the welcome address to the volunteers and students. Dr. Chira Ranjan Khadanga, Consultant, Department of Radiation Oncology, SUMULTIMATE Medicare, Bhubaneswar attended the program as resource person and discussed the reasons, symptoms, stages, tests and treatment procedures of breast cancer. He stressed upon routine checkup and self-assessment of any nodule or tumor in the breasts and consulting with the doctor in case of any doubt or difficulties. Early prognosis and diagnosis can lead to a better cure and relief from this deadly disease. Program Officers Dr. Yogamaya Panda and Sushree Shibanee Dash worked together to manage this event. The teachers and non-teaching staff, NSS volunteers and students of the college participated in this program and got detailed knowledge regarding breast cancer. The participants interacted with the speaker and he answered to all the questions with much care and interest. The program ended with a vote of thanks.

Outcome: Breast cancer is one of the common problems in women. Since this is women's college so such a program is organized every year to educate the participants to make an awareness to detect the breast cancer and the way to treat it.



SEMINAR ON CORRUPTION FREE INDIA

DATE: 01.11.2021

Shailabala Women's Autonomous Cuttack in collaboration with UCO Bank, Old Secretariat Branch, Buxibazar, Cuttack organized a seminar on "Corruption free India" on dt 1/11/2021. Prof. (Dr.) Surekha Sundari Swain chaired the meeting and gave welcome address. Asst. Manager of UCO Bank Ms. Rashmita Sahoo attended the program and addressed the volunteers regarding being honest in every walk of life and reporting to the Government and the higher authorities and taking own stand if any corruption creeps in. To make a corruption free India every NSS volunteer should take necessary steps. Senior Manager Sri Shiba Prasad Das discussed about the importance of vigilance awareness and how can one be safe from any corruption and what should be done in case of any fraud or cheating in financial issues. Volunteers of unit-I and Unit-II, +3 NSS participated in this meeting and interacted with the resource persons. The NSS program officers Dr. Yogamaya Panda and Sushree Shibane Dash co-ordinated in the event.

Outcome: The main idea of this program was to make the country free from corruption and maintain honesty in building the nation. The program generated lot of awareness regarding vigilance activities and importance of corruption free attitude.



SEMINAR ON VOTER'S RIGHTS IN COLLABORATION WITH CMC, CUTTACK

DATE: 26.11.2021

Shailabala Women's Autonomous College, Cuttack in collaboration with Cuttack Municipal Corporation, Cuttack organized a seminar on Voter's Rights on 26/11/2021. Principal Prof. (Dr.) Surekha Sundari Swain presided over the meeting and offered welcome address. Hon'ble CMC Commissioner Smt. Ananya Das motivated the students to register themselves in electoral poll and drive the nation forward by participating in voting process. Each vote for a suitable candidate should not be missed and one should gather necessary political and social awareness and self-consciousness. Deputy Commissioner Ms. Sanjibeeta Ray spoke about the responsibility of students who are attaining the age required for voting. No one should be left unregistered. Deputy Commissioner Sri Amiya Kumar Panda motivated the volunteers to create social and political awareness and help the election commission of India in choosing an honest and capable candidate by casting votes. Deputy Commissioner Sri Ajay Kumar Mohanty encouraged students to be catalysts for national development and use mobile application to complete self-registration process in electoral roll and be a responsible voter. Volunteers interacted with the guests and a number of questions were answered. The program was co-ordinated by Dr. Yogamaya Panda and Smt. Sushree Shibanee Dash, program officers of Unit-I and Unit-II, +3 NSS. All the 100 NSS volunteers and students participated in the program and made it successful. Outcome: The program stressed upon the importance of electoral enrolment and the girl students who were turning 18 got sensitized and enrolled under electoral poll after the program. Through NSS volunteers the importance of voting rights to create a strong Govt. and to make India the superpower in the world was taught to make awareness and educate the society.



SEMINAR ON CAUSES AND PREVENTION OF HIV AIDS DATE- 01.12.2021

Shailabala Women's Autonomous College, Cuttack organized a seminar on "Causes and prevention of HIV AIDS" on dt.1/12/2021. Hon'ble principal Prof. (Dr.) Surekha Sundari Swain and National President of Servants of the People's Society and Chief Administrative Officer of The Samaj newspaper Dr. Pravas Acharya showed green flag as a signal to start the rally from Samaj office at 10:00 AM in the morning. The volunteers of NSS and YRC of Shailabala Women's Autonomous College, Cuttack and program officers of NSS and YRC Counsellors participated in this rally with handmade placards, red ribbon symbols and marched to the college campus giving out slogans of HIV AIDS Awareness. After the rally an awareness meeting was organized in the college auditorium. Principal Prof. (Dr.) Surekha Sundari Swain presided over the meeting. Dr. Nivedita Pattnaik, M.D.(Paediatrics), Ex-Senior Resident Rainbow Children's Hospital, Hyderabad attended the meeting as resource person and discussed about the HIV Virus, mechanism of infection, stages of multiplication in human beings, symptoms of AIDS, methods to prevent, detect or control it. Since it spreads through infected blood and body fluids and secretions of reproductive tract it is recommended to avoid polygamy, sharing of needles, blades, unsafe sexual activities. One should get tested for detection of the virus in her body. It can be transmitted from infected mother to the child during gestation, delivery or breast feeding. The baby can be safe from contracting the virus if mother's HIV test is done prior completion of first trimester. The HIV infected person should be treated with compassion. Sharing of towel, food, bed, swimming pool with the infected person does not spread the disease. There are various methods to control the deadly HIV to cause AIDS. Thus knowing AIDS is the first step to winning it. A number of queries were put together by the students and the resource person answered to all those aptly. The program was co-ordinated by Dr. Yogamaya Panda and Smt. Sushree Shibanee Dash, Program Officers of +3 NSS. YRC Counsellors of the college also co-operated in the program.

Outcome: The program served to spread awareness regarding HIV AIDS and its preventive measures. AIDS is a deadly disease. The program also helped the NSS volunteers to know about the diseases and other life-long health problems associated with it and how to extend compassion to the people affected or detected positive.





TRAINING PROGRAM ON FIRE SAFETY DATE- 13.12.2021

Shailabala Women's Autonomous College, Cuttack organized an Awareness Program on Fire Safety in collaboration with Bhruvu Gas, Cuttack on 13/12/2021. Hon'ble principal Prof. (Dr.) Surekha Sundari Swain presided over the meeting and offered welcome address. The Manager Mr. Sinha and workers of Bhruvu Gas demonstrated how to remain safe from fire hazards while working with LPG cylinder. They displayed a number of ways to curb and control fire. The program was co-ordinated by Dr. Yogamaya Panda, & Sushree Shibanee Dash, Program Officers of Unit-I & II, +3NSS. Hundreds of students of UG and PG level and hostel workers and cooks attended the program and got proper training regarding fire safety. The program was a huge success.

Outcome: This program was vital in educating the NSS volunteers how to avoid fire accidents from the house to the public places. All hostel staff of the college also attended the program to control fire break in hostel in case of emergency and to know the safety measures to use gas cylinder and other inflammable substances.



NATIONAL WEBINAR ON “YOUTH OF INDIA IN PRESENT SCENARIO: DUTIES AND CHALLENGES” DATE: 12.01.2022

A National Webinar on the topic “youth of India in Present Scenario: Duties and challenges” was organized by NSS wings of S. B. Women’s(A) College Cuttack on 12/01/2022 to mark the observation of Swami Vivekananda Jayanti. The program was chaired by hon’ble Principal, Prof. (Dr.) Surekha Sundari Swain. Smt. Sushree Shibanee Dash, Program officer, +3 NSS, Unit-II presented guest introduction. Distinguished guest speaker Sri Debendranath Rout, Educationist and Social Activist said the youth group should move forward with a reformist approach to addressing the plight of the current society. One of the distinguished guest Sri Nagendra Nath Swain, Retd. Head Master, Editor, Mainak Sahitya Sansad, Paradeep, Poet, eminent organizer of Odisha, said that if both the Scientific and the Spiritual perspectives were embedded in personalities of the Youth ,they could illuminate the world in eternal Light. One of the most honored guest was the, Youth Red Cross Officer, Dr. Ajay kumar Tripathy called on the people of the world to give up their laziness and to contribute to the world with self-awareness, self-respect and self-confidence. More than hundred volunteers attend the Webinar. Dr. Yogamaya Panda, PO, NSS, Unit -1 shared her views on the role of youth in India from the Republic day parade camp, New Delhi. The Program ended with vote of thanks by Saraswati Majhi, Program officer, +2NSS.

Outcome: The students were inspired by the life stories of Swami Vivekananda and motivated to inculcate his ideals in own lives.





WEBINAR ON YOGA AND MENTAL HEALTH DATE-16.01.2022

A national webinar on Yoga and Mental health was conducted by Yoga and Social Ethics Committee of Shailabala Women's Autonomous College, Cuttack in collaboration with IQAC on 16.01.2022 at 7:00 pm on google meet. Prof. Dr. Surekha Sundari Swain, Principal, Shailabala Women's Autonomous College, Cuttack presided over the meeting. Chief guest of the webinar was Prof. Dr. Shyama Kanungo, Retd. Superintendent and HoD, Obstretics and Gynaecology, SCBMCH, Cuttack. Guest of Honour was Ms. Sarita Patel, Regional Director, NSS, Govt. of India. Chief Speaker was Dr. Boblina Mohanty, Dy. Suptd., Sardar Vallav Bhai Patel Post Graduate Institute of Paediatrics, Shishubhawan, Cuttack. Resource Person was Yoga guru Smt. Sagarika Jena. Dr. Sipra Ray, Asst. Prof. of Education, Dr. Priti Pragyan Ray, Asst. Prof. of Zoology, Dr. Menakarani Sahoo, Asst. Prof. of Sanskrit, and Smt Sushree Shibanee Dash, Asst. Prof. of Zoology were the members of the organizing team. A total of 50 Faculties and students attended the event. The guests and resource persons scientifically analysed the significance of importance yoga poses and why they should be inculcated in daily lives. The participants resolved to get yoga training from the resource person every evening from 7 pm onwards for 45 minutes

Outcome: The program was a huge success as the trainer imparted training for 30 consecutive days.

SEMINAR ON GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW

DATE: 08.03.2022

NSS wing of Shailabala Women's (Autonomous) College, Cuttack in collaboration with YRC and Rover Rangers organized a seminar on "Gender Equality today for a sustainable tomorrow" on the occasion of International Women's Day on 08/03/2022. Prof. Dr. Surekha Sundari Swain, Principal, Shailabala Women's (Auto.) College, Cuttack offered the welcome address. Dr. Minati Behera, Chair Person, State Commission for Women, Odisha, Bhubaneswar joined in the program as the Chief Guest and made the audience aware about cyber crime, counseling for marriage, relationship related problems. Dr. Kalpana Das, Chairman, Child and Women development Society addressed about the audience regarding the women power for the development of society. Dr. Reena Routray, Chairman, Mahila Atmanirbhar Abhiyan and Convener, Gandhi Odisha-100 in her addressed focused on the topic gender equality today for a sustainable tomorrow. The program ended with vote of thanks offered by Dr. Yogamaya Panda, PO, NSS, Unit- I. The program was coordinated by Mrs. Sushree Shibanee Dash, PO, NSS, Unit –II of the college.

Outcome: The program generated immense awareness among the students regarding gender equality, gender issues and challenges, ways to address them and contribute towards a sustainable future.



PARTICIPATION OF NSS VOLUNTEERS ON ULB (URBAN LOCAL BODY)ELECTION POLL DUTY -2022 TO ASSIST PWD VOTERS

DATE-24.03.2022

As a part of NSS activity Shailabala Women's (A) College, Cuttack deputed 10 active NSS volunteers to assist PWD voters of ULB 2022 on the day of poll on 24/3/2022 as per the letter no 60(ii) dated 20/03/2022 of ADM -cum -Nodal Officer, General Election to ULB 2022. The NSS Volunteers are:

1. Anyasa Das, BS(B)21-139
2. Hiramani Murmu, BS(B)21-126
3. Jyoti Kalo, BS(P)21-348
4. Monalisa Sahoo, BS(B)21-152
5. Prajna Ray, BA21-123
6. Subhasmita Sabar, BS(B)21-404
7. Shrabani Soren, BA21-156
8. Sonali Snehalata Nayak, BS(P)21-316
9. Gitanjali Haibru, BA21-231
10. Barsa Malik, BA21-50

All active NSS volunteers successfully participated in the booth assigned to them and discharged their duties efficiently.



WORLD NO TOBACCO DAY DATE: 31.05.2022

+3 NSS wings (Unit-I & II) of Shailabala Women's (A) College, Cuttack observed World No Tobacco Day on 31/05/2022 at 12 PM in the smart class room of the college. Principal Prof. Dr. Gayatri Biswal, presided in this meeting. Dr. Yogamaya Panda, PO, NSS, Unit-I, +3 NSS offered welcome address. Sri Saresk Kumar Nayak, Assistant Prof Zoology and Dr. Narendranath Nayak, Assistant Prof Odia, addressed the audience as key note speakers. They addressed the NSS volunteers about the risk factors associated with tobacco consumption, the harmful components present in tobacco products and how it decreases the longevity and increases mortality rate and it should be stopped from being used if one likes to be safe from cancer, lung disorders and other systemic problems. The volunteers interacted actively with the speakers and solved their doubts. Smt.Sushree Shibanee Dash, PO, NSS, Unit-II, +3 NSS offered vote of thanks. The meeting was a great success as the volunteers took an oath not to consume tobacco products and spread awareness regarding the same.

Outcome: The volunteers were sensitized regarding devastations caused by tobacco and were motivated to make a tobacco free society.



OBSERVATION OF BANAMAHOTSAVA WEEKDATE: FROM 01/07/2022 TO 07/07/2022

Banamahotsava week was observed from 1st July 2022 to 7th July 2022 at Shailabala Women's (A) College, Cuttack by +3 NSS wings, Unit I and II. Various saplings were planted in the college premises throughout this week. This programme was presided by Honorable Principal Prof Dr. Gayatri Biswal. On data 7th July 2022 at 10am all HODs of all departments, volunteers of +3 NSS and Programme Officer Dr. Yogamaya Panda assembled in the college. Dr. Biswadas Mohanty, HoD, Department of Physics, Dr. Priti Pragyan Roy, HoD, Department of Zoology, other HoDs and Honorable Principal madam and Programme Officers of NSS and volunteers planted a number of plants in the college campus. The programme bought immense enthusiasm among the volunteers. They understood the importance of plantation work and that greenery is very much valuable to enhance sanctity and beauty of any institution. The programme was a huge success with participation of all.



MEGA BLOOD DONATION CAMP- DATE: 22.09.2022

NSS, +3 wings of S.B. women's (A) college, Cuttack organised a mega blood donation camp on Dt.22/09/22 in collaboration with UCO Bank, Old secretariat Branch, Cuttack. Principal I/C Prof. Dr. Charubala Pani inaugurated the event along with Dr. Jamini Ranjan Mohanty, Administrative Bursar and other dignitaries. A total number of **47 units** of blood were donated by our NSS volunteers. Dr. Kaushik Patra, Medical officer and six assisting member of SCBMCH, Cuttack supervised the blood donation camp. The camp was co-ordinated by Dr. Yogamaya Panda, P.O., Unit –I, +3 NSS and Sushree Shibane Dash, P.O. Unit –II, +NSS. All the volunteers who have donated their blood were awarded with certificates by the blood bank.

Outcome: The students were inspired to donate blood. They knew about its benefits and importance. A total of 47 units of blood was collected and received by the blood bank, SCBMCH, Cuttack.

ଶିବିରରେ ୪୭ ୟୁନିଟ୍ ରକ୍ତ ସଂଗ୍ରହ

କଟକ, ୨୩।୯ (ବି.ପ୍ର) : ଶୈବବାଳା ମହିଳା ସ୍ୱୟଂଶାସିତ ମହାବିଦ୍ୟାଳୟ, କାଟକର ସେବା ଯୋଜନା ଓ ସ୍ୱଚ୍ଛତା ବ୍ୟାଜ ଶୁଖା ମିଳିତ ଆହୁତୁର୍ୟରେ ରକ୍ତଦାନ ଶିବିର ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । ପ୍ରଥମେର ଚାନ୍ଦିବାଳା ପାଣିକ ପୌରୋହିତ୍ୟରେ ମଧ୍ୟୁତନ ପ୍ରେକ୍ଷାଳୟରେ କାର୍ଯ୍ୟକ୍ରମ ଆୟୋଜନ ହୋଇଥିଲା । ଶିବିରରେ ୪୭ ୟୁନିଟ୍ ରକ୍ତ ସଂଗ୍ରହ କରାଯାଇଛି । ଏସ୍‌ସିବିର ଚାନ୍ଦିଶିଳ ପାତ୍ର, ସହାୟକ ବିଶ୍ୱବିତ୍ ସେନାପତି, କାଳାକତା ଚେନା, ସୁନତ କୁମାର ଦେହେରା ପ୍ରମୁଖ ରକ୍ତ ସଂଗ୍ରହ କରିଥିଲେ । କାଟକର ସେବା ଯୋଜନା ଅଧିକାରୀ ଡ. ଯୋଗମାୟା ପଣ୍ଡା, ସୁଶ୍ରୀ ଶିବାନୀ ଦାସ ଏହି କାର୍ଯ୍ୟକ୍ରମ ପରିଚାଳନା କରିଥିଲେ । ସ୍ୱଚ୍ଛ ପୂର୍ବ ସେବା ଯୋଜନା ଅଧିକାରୀ ସରସ୍ୱତୀ ମାଧ୍ୟ, ରକ୍ତରେଖା ସାହୁ, ଡ. ପ୍ରୀତିପ୍ରକାଶ ରାୟ, ମଧ୍ୟବିତା ସାହୁ, ଡ. ଦୀପ୍ତି ପଣ୍ଡା ପ୍ରମୁଖ ସହଯୋଗ କରିଥିଲେ ।



OBSERVATION OF NSS DAY

DATE: 24.09.2022

As a part of National Service Scheme, NSS wing of Shailabala Women's (Autonomous) College, Cuttack, observed National Service Scheme Day on 24/09/2022. Prof. Dr. Gayatri Biswal, Principal Shailabala Women's (Autonomous) College, offered welcome address. Dr. S. K. Kalimullaha, eminent educationist, social worker & Ex-NSS officer of the district inaugurated the program as Chief Guest and addressed the audience about the importance of NSS volunteers in the community service. He also motivated the NSS volunteers about the importance of involvement of volunteers in community service for a better society. The program was coordinated by Dr. Yogamaya Panda, Program Officer, NSS, Unit –I and Smt. Sushree Shibanee Dash, Program Officer, NSS, Unit –II. The program was ended with the vote of thanks by Smt. Sushree Shibanee Dash, Program Officer, NSS, Unit-II. More than 100 number of NSS volunteers were participated in the celebration of NSS day. All staff members also attended the program to make it a grand success.

Outcome: The students developed lot of interest towards national service.



ଶୈଳବାଳା କଲେଜରେ ଜାତୀୟସେବା ଦିବସ

କଟକ/ ପୁରୀନଗରୀ (ଆପ୍): ଶୈଳବାଳା ମହିଳା ସ୍ୱୟଂଶାସିତ ମହାବିଦ୍ୟାଳୟର ଜାତୀୟ ସେବାଯୋଜନା ଦିବସ ପ୍ରଦେଶର ଚାକର ଗାୟତ୍ରୀ ବିଶ୍ୱାଳଙ୍କ ସଭାପତିତ୍ୱରେ ମୁଖ୍ୟ ଅତିଥିଭାବେ ପ୍ରାଧ୍ୟାପକ ବକ୍ସର ସେକ୍ କଲି ପୁରୀ, ଯୋଜନା ଅଧିକାରିଣୀ ବକ୍ସର ଯୋଗମାୟା ପଣ୍ଡା, ଶିବାନୀ ଦାଶ, ସରସ୍ୱତୀ ମାଝା ପ୍ରମୁଖ କାର୍ଯ୍ୟକ୍ରମକୁ ପରିଚାଳନା କରିଥିଲେ । ମହାବିଦ୍ୟାଳୟର ବହୁ ସଂଖ୍ୟାରେ ଛାତ୍ରୀମାନେ ଯୋଗଦେଇ ମୁଖ୍ୟବକ୍ତାଙ୍କର



ସମ୍ବୋଧନା ଦିବସ ଉପଲକ୍ଷେ ଅନେକ ଗୁଡ଼ିଏ ଗୁରୁତ୍ୱପୂର୍ଣ୍ଣ ଉପାଦେୟ ଚର୍ଚ୍ଚାକୁ ଆନୁଷ୍ଠାନିକ କରିଥିଲେ । ଏହି ଅବସରରେ ଉଚ୍ଚମାନ କରିଥିବା ଛାତ୍ରୀମାନଙ୍କୁ ମୁଖ୍ୟ ଅତିଥି ପୁରସ୍କୃତ କରିଥିଲେ । ବକ୍ସର ଯୋଗମାୟା ପଣ୍ଡା ପ୍ରାରମ୍ଭିକ ସୂଚନା ଦେଇଥିବାବେଳେ ଅଧ୍ୟକ୍ଷାଙ୍କର ଉତ୍ତର ଦେଖିବା ସରସ୍ୱତୀ ମାଝା ସମ୍ବୋଧନା ଅର୍ପଣ କରିଥିଲେ । ପରିଶେଷରେ ଛାତ୍ରୀମାନଙ୍କ ଦ୍ୱାରା ରଙ୍ଗୀରକ ସଂସ୍କୃତିକ କାର୍ଯ୍ୟକ୍ରମ ପରିବେଷଣ କରିଥିଲେ ।

OBSERVATION OF RASTRIYA EKTA DIWAS PLEDGE TAKING DATE: 31/10/2022

As a part of NSS activity, Shailabala Women's Autonomous College, Cuttack observed RastriyaEktaDiwas on 31st Oct 2022 Principal Prof. Dr .Gayatri Biswal along with the Programme Officer Dr.Yogamaya Panda, Smt Sushree Shibanee Dash, all the faculty members of college & NSS volunteers took an oath or pledge on this occasion



OBSERVATION OF THE CONSTITUTION DAY OF INDIA (SAMBIDHAN DIWAS) DATE: 26/11/2022

+3 NSS wing of Shailabala Women's Auto College, Cuttack observed Sambidhan Divas on 26th Nov 2022. The meeting was presided by Principal Prof. Dr. Gayatri Biswal at the outset. Smt Sushree Shibanee Dash, Asst Prof (Zoo) presented introductory address followed by reading out the pledge & preamble of the constitution of India by all the staff, students & volunteers lead by Hon'ble to Principal. She offered welcome address & motivated to learn the messages encrypted in the constitution. Dr.

Ashok Ku Das, Deputy Director, Nehru Yuva Kendra, Govt of India, Cuttack attended as Chief guest & spoke about the justice, liberty, equality, all rights & responsibilities directed in the constitution. Dr.Mousumi Pattnaik, Asst Prof of Pol Sc, attended as Chief Speaker and delivered briefly about the constitution and the role of citizen implementing to rules. Sri Gangadhar Nayak, NSS youth Awardees also spoke about the role of youth in National development. All staffs and students took part in the programme. It was organised and coordinated by Dr. Yogamaya Panda, P.O., NSS who also delivered vote of thanks to mark the end of the meeting.



CAMPUS CLEANING PROGRAMME DATE: 30/11/2022

As a part of NSS activity, a campus cleaning programme was conducted on 30th Nov 2022 in Shailabala Women's Auto College, Cuttack. In the morning the NSS volunteers reached the college campus & got distributed in small groups under the guidance of the Programme Officer Dr.Yogamaya Panda and Smt Sushree Shibanee Dash. They cleaned waste materials, polythene, plastic waste etc. from the Main campus, Arts block, Science Block, Administrative block etc. and gathered the garbage in disposable bags to be taken by the garbage collecting truck of CMC. A group of volunteers were rescued a trapped turtle from the ground in front of the auditorium and released it into the college pond. Around 50 bags filled with garbage were collected and disposed properly by the team. Principal, Prof.

Dr. Gayatri Biswal motivated all the NSS volunteers with her encouraging words and extended best wishes for organizing such cleaning programmes promoting the idea of SWACHH BHARAT.



OBSERVATION OF WORLD AIDS DATE: 01/12/2022

+3 NSS Wings of Shailabala Women's Auto College, Cuttack observed World Aids Day on 1st Dec 2022. Principal Prof. Dr. Gayatri Biswal presided over the meeting and motivated the volunteers & students to have deep knowledge regarding contagious disease and take initiative to stay safe & spread awareness in her welcome address. Dr. Anandini Panda, Asst Prof, P.G. department of Education gave introductory speech. Specialist Dr. Suvendu Shekhar Panda attended as Chief Guest and spoke about AIDS, its symptoms, causes, preventions and techniques to cure it. Members of CHAP (Continuing Health Awareness programme) and NGO also attended this meeting. Programme Officer of NSS, Dr. Yogamaya Panda Coordinated the programme. The volunteers asked around 40 questions which were aptly answered by the resource person-cum- Chief Guest. Dr. Gayatri Kar, Assistant professor, Political science and all other faculty members attended the programme. Smt. Sushree Shibanee Dash, Asst Prof of Zoology offered vote of thanks.

SPECIAL CAMP FOR NSS VOLUNTEERS

11/02/2023 -17/02/2023

NSS +3 wings of, Shailabala Women's Auto College, Cuttack organized seven days Special Camp from 11th Feb 2023 to 17th Feb 2023 in the college premises. A total no of 50 volunteers participated actively in the camp. The inaugural ceremony was presided by Principal Prof Dr Gayatri Biswal, and she highlighted the importance of NSS during the college career for the personality development. Dr Dillip Srichandan, Commandant-in-chief, Prerna international greenarmy joined as chief guest & motivated volunteers for plantation. Every day after waking up volunteers started their day with yoga & exercises. After breakfast volunteers were engaged in various activities like campus cleaning, Library cleaning, plantation etc. After that volunteers took part in various competitions like poster making, quiz, debate etc. Every day after lunch there were academic sessions organised for the volunteers throughout the camp. Guests like Dr Biswa Mohan Jena, District Project Officer, NSS Sambalpur for the topic community service, Dr Nibedita Pattnaik, Senior Paediatrician for health check-up, Nikhil Panigrahi, Member, NSS Directorate for promoting NSS activities on social media, Nirada Barana Khuntia, Indira Gandhi Awardees, Trainer, OUAT, BBSR for the topic "Role of youth in NSS". Speakers like Er, Sanjay Kumar Behera, (OTES- ISCB, RTO, Cuttack, Odisha) delivered a talk on the topic "Awareness on Road Safety" and Mr. Shiba Prasad Das, Branch Manager, UCO Bank, Old Secretariat Branch, Cuttack spoke on the topic "Cyber Crime". There were cultural programmes arranged by the volunteers in evening. Other activities like distribution of study material in Anganwadi centre, community services etc. in the closing ceremony Dr Sushant Pattnaik, NSS Programme Co-ordinator, of R.D. University, Bhubaneswar encouraged the volunteers by highlighting the importance of social service and distributed the certificates among the NSS volunteers. The vote of thanks was offered by Smt. Sushree Shibane Dash, Asst Prof of Zoology. The seven days special camp was coordinated by the NSS Programme Officer Dr Yogamaya Panda.

BLOOD DONATION CAMP FOR BAHANAGA TRAIN TRAGEDY

DATE: 07.06.2023

Shailabala Women's (Auto) College, Cuttack organized a blood donation camp on dt 07.06.2023 for the victims of Bahanaga Train Tragedy under the guidance of esteemed principal Dr, Prof. Gayatri Biswal in the college campus. A total number of 19 students donated blood in the blood donation camp. The camp was coordinated by NSS +3 wings of this college. The blood was collected with the help of Mobile Blood Collection Van, Indian Red Cross Blood Bank. Dr, Yogamaya Panda, NSS, PO coordinated the camp.





ଶୈଳବାଳାର ଦୁଇ ଛାତ୍ରୀ ଜାତୀୟ ଶିବିରକୁ ମନୋନୀତ

କଟକ, ୨୧.୧୦ (କ.ପ୍ର) : ଜାତୀୟ ସେବା ଯୋଜନାର ଅଞ୍ଚଳିକ ନିର୍ଦ୍ଦେଶାଳୟ ଭାରତ ସରକାରଙ୍କ ଦ୍ୱାରା ଆୟୋଜିତ ପୂର୍-ସାଧାରଣତର ଦିବସ ଜାତୀୟ ଶିବିରରେ ଶୈଳବାଳା ମହିଳା ପୁଞ୍ଜିଶାସିତ ମହାବିଦ୍ୟାଳୟର ଦୁଇ ଛାତ୍ରୀ ନିହାରିକା ସିଂହ ଓ ପଲ୍ଲବୀ ଦାସ ମନୋନୀତ ହୋଇଛନ୍ତି । ଆସାନର କୋକୋଣ୍ଡରଠାରେ ଅକ୍ଟୋବର ୨୫ରୁ ନଭେମ୍ବର ୩ ପର୍ଯ୍ୟନ୍ତ ଅନୁଷ୍ଠିତ ହେବାରୁ ଥିବା ଜାତୀୟ ଶିବିରରେ ସେମାନେ ଅଂଶଗ୍ରହଣ କରିବେ ବୋଲି ମହାବିଦ୍ୟାଳୟ ପକ୍ଷରୁ ଜଣାପଡ଼ିଛି । ମହାବିଦ୍ୟାଳୟ ଜାତୀୟ ସେବା ଯୋଜନା କାର୍ଯ୍ୟକ୍ରମ ଅଧିକାରୀ ଡ. ଯୋଗମାୟା ପଣ୍ଡା ଶିବିରରେ ଓଡ଼ିଶା ପ୍ରତିନିଧିତ୍ୱ କରୁଛନ୍ତି । ଆଜ୍ଞାନା ଦିନରେ ଛାତ୍ରୀଙ୍କ ସଫଳତା ପାଇଁ ଅଧ୍ୟକ୍ଷା ପ୍ରଫେସର ଡ. ସୁରେଶା ପୁନ୍ଦରା ସ୍ୱାମି, ଶିବାଳା ଦାଶ ଓ ସରସ୍ୱତୀ ମାତାଙ୍କ ସମେତ ଅନ୍ୟାନ୍ୟ ଅଧ୍ୟାପିକା ଓ ଅଧ୍ୟାପକମାନେ ସଫଳତା କାମନା କରିଛନ୍ତି ।



Proud moment: Principal Prof Dr. Surekha Sundari Swain and Dr. Yogamaya Panda, P.O., NSS congratulating Ms. Pallavi Das, and Ms. Niharika Singhi, two NSS Volunteers of Shailabala Women’s (A) College for being selected to participate in 15 days NSS Pre-Republic Day Parade camp, 2021, East Zone at CITK, Kokrajhar, Assam organised by Govt. of India, Ministry of Youth Affairs and Sports, New Delhi from 25.11.2021 to 03.11.2021.



Dr. Yogamaya Panda, Programme Officer, NSS participated in two days Training of Trainers Programme on “Drug Abuse & Prevention” for NSS Programme Officers of University/College/School of Odisha, organised by Regional Directorate of NSS, Bhubaneswar, Ministry of Youth Affairs and Sports, Govt. of India in collaboration with the National Institute of Social Defene(NISD), Ministry of Social Justice & Empowerment, at Farmers Hostel OUAT on Dt. 12th & 13th December, 2019.



Ms. Niharika Singi, NSS Volunteer attended NSS Pre-RD Parade camp, 2021, East Zone at CITK, Assam organised by Govt. of India, Ministry of Youth Affairs and Sports, New Delhi from 25.10.2021 to 03.11.2021.



Ms. Pallavi Das, NSS Volunteer attended NSS Pre-RD Parade camp, 2021, East Zone at CITK, Assam organised by Govt. of India, Ministry of Youth Affairs and Sports, New Delhi from 25.10.2021 to 03.11.2021.



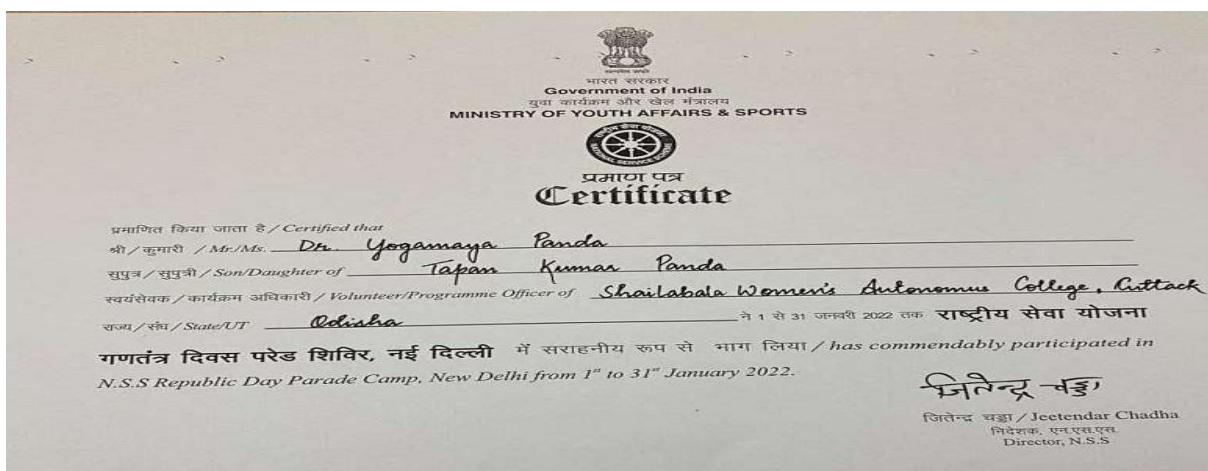
Dr. Yogamaya Panda, Program Officer, NSS attended NSS Pre-RD Parade camp 2021, East Zone at CITK, Assam organised by Govt. of India,

Ministry of Youth Affairs and Sports, New Delhi from 25.10.2021 to 03.11.2021.



Ms. Manisha Rani Barik, NSS Volunteer of Shailabala Women's (A) College attended National Integration camp organized at Siksha O Anusandhan(Deemed to be University) sponsored by Govt. of India, Ministry of Youth Affairs and Sports, New Delhi from 15.12.2021 to 21.12.2021.

Dr. Yogamaya Panda, Program Officer, NSS attended the Republic Day parade camp, 2021, organised by Govt. of India, Ministry of Youth Affairs and Sports, New Delhi from 01.01.2022 to 31.01.2022 and represented Odisha.





Ms. Barsa Malik, NSS Volunteer participated in the State level NSS Pre-Republic Selection Camp-2022 organised at MSCB University, Baripada, Mayurbhanj from 20.10.2022 to 21.10.2022



Ms. Barsa Malik, NSS Volunteer participated in the National Integration Camp, 2022, organised by State NSS Cell, Dept. of Youth Empowerment and Sports, Govt. of Karnataka and Regional Directorate of NSS, Ministry of Youth Affairs and Sports, Govt. of India from 22.11.2022 to 28.11.2022.



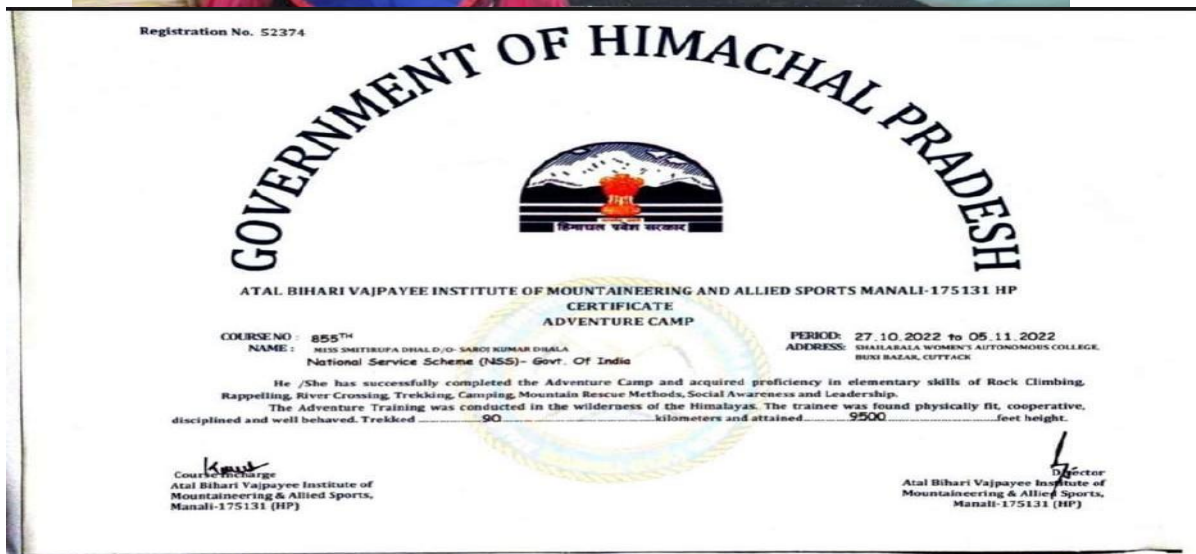


Ms. Rashmirekha Sahoo , NSS Volunteer won first prize in Art competition held at Jayadev Bhaban, Bhubaneswar organised by State Tobacco Control Cell, Directorate of Public Health and Family Welfare Department, Govt. of Odisha on 31st May 2022.



Ms. Barsa Priyadarsini Digal, NSS Volunteer participated in the National Integration Camp, 2022, organised by State NSS Cell, Dept. of Youth Empowerment and Sports, Govt. of Karnataka and Regional Directorate of NSS, Ministry of Youth Affairs and Sports, Govt. of India from 03.06.2022 to 09.06.2022.

Dr. Yogamaya Panda, NSS Program Officer among the participants of Pre-republic day paradeselection camp at Rama Devi Women's University, Bhubaneswar on 28.09.2022.



Ms. Smitirupa Paul at National Adventure Camp at ABVIMAS, Manali, Solan, Himachal Pradesh organized by Regional Directorate of NSS, Ministry of Youth Affairs and Sports, Govt.of India from 27.10.2022 to 05.11.2022.



Dr. Dr. Yogamaya Panda, NSS Program Officer among the awardees of National Service Scheme got felicitated by Hon'ble Minister and Hon'ble Secretary, Dept. of Higher Education, Odisha on 19.10.2022. Dr. Yogamaya Panda, NSS Program Officer of S. B. Women's Autonomous College participated in outreach workshop on Indian Knowledge System at Shiksha O Anusandhan (Deemed to be University) on 10th September, 2022.





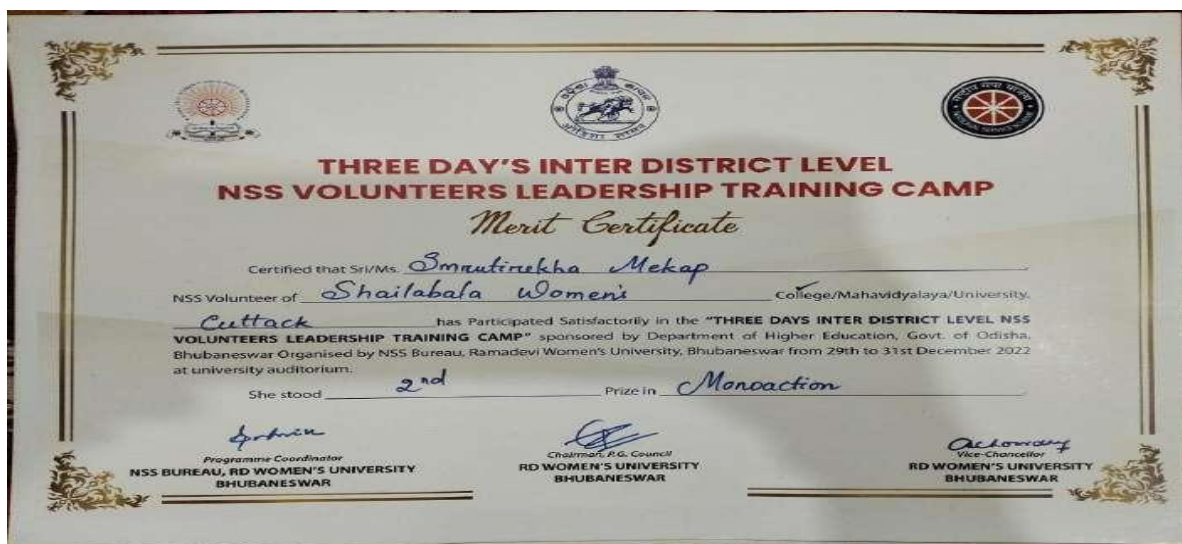
Ms. Jayashree Sahu, NSS Volunteer participated in the Seven Days Bharat Darshan Programme for NSS Volunteers and POs covering Jaipur, Agra, Mathura, New Delhi, Raipur etc. organised by State NSS Cell, Higher Education Department, Govt. of Odisha from 22th to 28th February, 2023.

Ms. Kapura Majhi, NSS Volunteer participated in the NSS Tribal Volunter's Empowerment Program, organised by KISS NSS Bureau at Kalinga Institute of Social Sciences, Deemed to be University, Bhubaneswar, Odisha, during 8th to 10th May, 2023.

Ms. Jayashree Sahu, NSS volunteer of Shailabala Women's Autonomous College got Best NSS volunteer Award and State Rajiv Gandhi Pratibha Puraskar-2023 on 21st May 2023 from Odisha Rajiv Gandhi Students' Forum, Bhubaneswar



Ms. Smrutirekha Mekap, NSS Volunteer participated in the Three Days Inter District Level NSS Volunteers Leadership Camp organised by NSS Bureau, Rama Devi Women's University, Bhubaneswar from 29th to 31th December, 2022. She won 2nd prize in Mono Action and Song



Ms. Jayashree Sahu, NSS Volunteer participated in the Three Days Inter District Level NSS Volunteers Leadership Camp organised by NSS Bureau, Rama Devi Women's University, Bhubaneswar from 29th to 31th December, 2022



**THREE DAY'S INTER DISTRICT LEVEL
NSS VOLUNTEERS LEADERSHIP TRAINING CAMP**

Participation Certificate

Certified that Sri/Ms./Dr. Jayashree Sahu _____, NSS Volunteer/

Programme Officer of Shailabala Women's Autonomous College/Mahavidyalaya/University,

Cuttack

has Participated Satisfactorily in the "THREE DAYS INTER DISTRICT LEVEL NSS VOLUNTEERS LEADERSHIP TRAINING CAMP" sponsored by Department of Higher Education, Govt. of Odisha, Bhubaneswar Organised by NSS Bureau, Ramadevi Women's University, Bhubaneswar from 29th to 31st December 2022 at university auditorium.


Programme Coordinator
NSS BUREAU, RD WOMEN'S UNIVERSITY
BHUBANESWAR


Chairman, P.G. Council
RD WOMEN'S UNIVERSITY
BHUBANESWAR


Vice-Chancellor
RD WOMEN'S UNIVERSITY
BHUBANESWAR

Dr. Yogamaya Panda, NSS Program Officer and three NSS volunteers Ms. Smruti rekha Mekap, Ms. Binuprava Sethy and Ms. Jayashree Sahu of S. B. Women's Autonomous College participated in three days Inter-District Level NSS Volunteers Leadership Camp organized by NSS Bureau, Rama Devi Women's University, BBSR, Odisha on 29th to 31st December, 2022.



**THREE DAY'S INTER DISTRICT LEVEL
NSS VOLUNTEERS LEADERSHIP TRAINING CAMP**

Participation Certificate

Certified that Sri/Ms./Dr. Yogamaya Panda _____, NSS Volunteer/

Programme Officer of Shailabala Women's Autonomous College/Mahavidyalaya/University,

Cuttack

has Participated Satisfactorily in the "THREE DAYS INTER DISTRICT LEVEL NSS VOLUNTEERS LEADERSHIP TRAINING CAMP" sponsored by Department of Higher Education, Govt. of Odisha, Bhubaneswar Organised by NSS Bureau, Ramadevi Women's University, Bhubaneswar from 29th to 31st December 2022 at university auditorium.


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Vice-Chancellor
RD WOMEN'S UNIVERSITY
BHUBANESWAR

Dr. Yogamaya Panda, NSS Program Officer was awarded for contribution to voluntary blood donation by Department off Transfusion Medicine & Blood Centre, CBMCH, Cuttack on 14th June, 2023 to help the Bahanaga tragic Train accident victims.

