

## **AWARENESS PROGRAM ON MOBILE HAZARD**

**DATE: 08.02.2020**

NSS, UNIT-1 of Shailabala Women's (A) College, Cuttack organized an awareness Program on Mobile Hazard on 08/02/2020. People of all age groups are being more addicted to cell phones or mobile phones and are facing lot of side effects including postural issues, psychological and relationship problems, radiation related diseases like cancer, eye problems, hearing loss, decreased brain functionality, cyber threats, concentration problems, social isolation etc. Through this awareness program the volunteers discussed about all these issues and how can they use mobile phones judiciously without hampering their daily activities, relationships or health in any form. 50 volunteers participated in this program.

**Outcome:** The volunteers learnt to use the mobile phones judiciously and stay away from its addiction.