## WEBINAR ON "FIT INDIA"

DATE: 30.09.2020

One National webinar was organized on 30.09.2020 by +3 NSS wing of the Shailabala Women's (Auto) College, Cuttack. Dr. Jaweda Hussain, Principal, Shailabala Women's (Auto) College, Cuttack addressed all the virtual participants about the importance of fit India. Dr. Stalin Nagarajan, Chief Tennis Coach of India joined the webinar as Chief Guest and addressed the virtual participants about the importance of healthy body. Dr. Yogamaya Panda, NSS Program Officer coordinated the webinar.

Outcome: The volunteers gained various health ideas to stay fit and sporty.



